



Executive Director/Director Non-Key Executive Decision Report

Author/Lead Officer of Report: Dave Luck,
Commissioning Officer, Mental Health

Tel: 2734762

Report to: Jayne Ludlam Executive director for People Portfolio

Date of Decision: 12.01.2018

Subject: Mental Health Social Cafes

Which Cabinet Member Portfolio does this relate to? Cate McDonald

Which Scrutiny and Policy Development Committee does this relate to? Healthier Communities and Adult Social Care

Has an Equality Impact Assessment (EIA) been undertaken? Yes Y No

If YES, what EIA reference number has it been given? 110

Does the report contain confidential or exempt information? Yes No N

If YES, give details as to whether the exemption applies to the full report / part of the report and/or appendices and complete below:-

Purpose of Report:

The report seeks approval to re-commission three social cafes in Sheffield to support the recovery of people with low level mental health conditions for three years.

Recommendations:

That the Director of Strategic Commissioning and Inclusion is authorised, in liaison with the Directors of Commercial, Legal and Financial Services, to run a re-procurement process for 3 social cafes, as described in this report, and to award contracts for running the cafes.

Background Papers:

“The Springboard Café Report 2016 outlines the necessary background information relating to this matter. The Springboard Café Report 2016 is attached at the back of this Report.”

Lead Officer to complete:-	
1	I have consulted the relevant departments in respect of any relevant implications indicated on the Statutory and Council Policy Checklist, and comments have been incorporated / additional forms completed / EIA completed, where required.
	Finance: Karen Hesketh
	Legal: Sarah Bennett Equalities: Ed Sexton
<i>Legal, financial/commercial and equalities implications must be included within the report and the name of the officer consulted must be included above.</i>	
2	Lead Officer Name: Dave Luck
	Job Title: Commissioning Officer, Mental Health
Date: 12.01.2018	

1. PROPOSAL

- 1.1 Nationally, one in four people will experience a mental health problem. It has been reported that up to 30% of all GP appointments relate to mental health problems. Social isolation and stigma are major issues to overcome in order for people to access support with mental health problems.

The Council has funded three *social cafes* since April 2013. The purpose of the cafes is to support people with low level mental health conditions, primarily anxiety and depression. The *social cafes* have operated at (1) St Mary's, Bramall Lane, (2) Manor Top Library and (3) Parsons Cross Learning Zone, either a day a fortnight or half a day a week.

The cafes are operated by a paid member of staff supported by trained volunteer recovery coaches. They operate a mix of planned and optional drop-in activities to enable people to access help and resources to support their mental health recovery. The attached report demonstrates the success of the cafes, in a number of instances people have moved from attendees to volunteers over time.

The proposal is to re-commission the three cafes – one to cover the centre of Sheffield (currently St Mary's), one to cover the South of the city and one to cover the North of the city. This will involve three separate tenders with the tender for the central café including additional funds to provide training to support all three cafes, this would comprise:

- Training for recovery coaches
- Mental health awareness training for volunteers in the areas local to the cafes

2. HOW DOES THIS DECISION CONTRIBUTE?

- 2.1 The recommissioning of these cafes will address the following corporate plan health and well-being priorities:

- To promote good health
- To tackle and prevent ill health
- To enable people to make healthy lifestyle choices

Since 2013 the cafes have proved a successful model to support people with mental health conditions connect with activities and resources in the community that will aid their recovery. An evaluation report in Autumn 2016 found that 570 people had registered with the cafes and includes a case study of one of the many people who has been helped to progress through the cafes. A number of attendees have gone on to become

volunteers over time. The report was collated by SOAR on behalf of all three café providers.

3. HAS THERE BEEN ANY CONSULTATION?

- 3.1 Council officers have visited all three cafes to speak to people about the service they provide. This has informed the refinement of the service specification, which will stipulate the need for continual opportunities for café users to be able to feedback to providers.

In addition to formal quarterly monitoring, officers carry out regular visits to the cafes and meets providers to discuss practice on a quarterly basis.

The re-commissioning of the cafes has been discussed with the Mental Health Service Improvement Forum (SIF - September 2017) and the Monitoring Advisory Board (July 2017), both of which were supportive of the proposal to re-commission. A SIF member will be involved in the re-commissioning process.

4. RISK ANALYSIS AND IMPLICATIONS OF THE DECISION

4.1 Equality of Opportunity Implications

- 4.1.1 The cafes are a free and open access service, which providers are required to advertise appropriately. There is no requirement for attendees to have a diagnosed mental health condition and there is no time limit regarding their participation. The cafes offer advice and support to promote good mental and physical health.

The cafes are situated strategically in the centre, North and South of the city. The cafes in the North and South are in areas of socio economic deprivation (Parsons Cross and Manor) and contribute to wider work to build community resilience and infrastructure through the Council's People Keeping Well model.

4.2 Financial and Commercial Implications

- 4.2.1 The funding of these services is within the planned revenue budget for mental health services.

It is proposed to award contracts to run the cafes with the following budget:

Café	2018/19	2019/20	2020/21
Central	£17,500 - £13,000 for the café £4500 for	£17,500 - £13,000 for the café £4500 for	£17,500 - £13,000 for the café £4500 for

	training for all 3 cafes	training for all 3 cafes	training for all 3 cafes
South	£13,000 for the café	£13,000 for the café	£13,000 for the café
North	£13,000 for the café	£13,000 for the café	£13,000 for the café
Total	£43,500	£43,500	£43,500

Whilst the Council's intention is to fund the services as stated above the Council cannot guarantee the funding will remain at this level for 3 years. It will be subject to an annual review, which may be lead to reductions in funding in years two and three.

4.3 Legal Implications

4.3.1 The Council has the power to enter into contracts by using the general power of competence contained in Section 1 of the Localism Act 2011.

The commissioning of the Social cafes will be subject to the Council's Contract Procedure Rules and shall be in compliance with the Public Contracts Regulations 2015.

4.3.2 TUPE may apply to any new contract if new providers are successful. Officers will take further advice on this from legal and HR services, and will make any requirements clear in any tender documentation. Officers will work with existing and any future providers to ensure, where necessary, a transfer of contracts to minimise any disruption to service delivery or impact on service users and volunteers.

5. **ALTERNATIVE OPTIONS CONSIDERED**

5.1 A number of alternative options were considered:

5.1.1 Cease all funding for cafes – this would save money but remove the means for the Council to support people with low level mental health conditions. In all likelihood this would lead to an increase in those requiring statutory mental health services from health and social care with the associated costs. This option does not fit with the city's commitment to prevention of poor wellbeing.

5.1.2 Commission a greater number of cafes – this option is not financially viable. However the proposed option includes further development of the training offer to those involved in other volunteering activities and will embed the principle of the mental health recovery ethos to a wider audience

- 5.1.3 Commission cafes giving each responsibility for training – this would require each organisation to develop expertise leading to a duplication of effort and different standards across the cafes
- 5.1.4 Commission café training separately – commissioning the training offer separately to the three cafes could lead to them being delivered by a provider not involved in the operation of the cafes and thus not informed by the experience of involvement in the cafes.
- 5.1.5 Commissioning the services through People Keeping Well. This was discounted due to People Keeping Well operates at the level of specific localities while we are looking at hubs to cover sections of the city

6. REASONS FOR RECOMMENDATIONS

- 6.1 The cafes are a proven means of supporting people with low level mental health conditions. The current geographic split of the cafes works well. The proposal is to refine the current model, ensuring recovery stays central and spreading the training offer into the communities around the cafes.